



# IVANHOE ENDOSCOPY CENTRE

A fully accredited day procedure facility

Level 1, Suite 2, 226 Upper Heidelberg Rd, Ivanhoe, VIC 3079 (Corner of Ivanhoe Parade)

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Consultation

Gastroscopy

Colonoscopy

Capsule Endoscopy

Appointment Date: ...../...../.....

Arrival Time (Not Procedure time): .....AM/PM

**Mr Stanley Chang**  
M.B.B.S. F.R.A.C.S.

**Dr Anh Huan Le**  
M.B.B.S. F.R.A.C.P.

**Dr Christopher Leung**  
M.B.B.S. F.R.A.C.P.

**Dr Eu Jin Lim**  
M.B.B.S. F.R.A.C.P.

## IMPORTANT TO READ

Please bring your **GP referral, medication list, and Medicare card** to the clinic on the day of your procedure. Your total stay at the day surgery inclusive of waiting time is about **3 to 4 Hours**.

**Please notify the centre if you have ANY of the following conditions:**

- History of diabetes / stroke / sleep apnoea / heart, lung, or kidney conditions
- Weight over 100kg
- Please notify Ivanhoe Endoscopy centre if you are taking any blood thinning medications (examples: Aspirin, warfarin, Plavix, Pradaxa or Xarelto)

Please **arrange someone to drive you home** after the procedure and **to stay with you overnight**.

**No forms of public transport is permitted.** Otherwise, procedure will be postponed.

You may take your regular medications on the day of procedure with a sip of water (Except for Diabetic medication) before you commence fasting

**No lollies, chewing gum or smoking** on the day of your procedure

## COMPLICATIONS

Both colonoscopy and Gastroscopy are safe procedures, however there are potential risks.

The important risks are:

- Anaesthetic risk including lung aspiration and dental injury
- Bowel injury or perforation (1:1000) that may require surgery
- Severe bleeding (1:1000) especially when polyps are removed or if you are taking blood thinning medications.

**Please discuss this with your endoscopist prior to the procedure.**

## REMINDER

Send your admission forms at least a week prior to the procedure. Send via either: POST / FAX / EMAIL

## GASTROSCOPY instructions

**No solid food for 12 hours. May continue "clear fluid" (Box A)**

**Stop all fluids 4 hours before your appointment time**

Stop Medications like Mylanta and Gaviscon for 24 hours prior to the procedure

You may continue to take medications like Nexium / Somac / Pariet or similar on the day of the procedure

## BOX A

### Clear fluids include:

Water, black tea / coffee, clear soft drinks, lemon / lime cordial / jelly / sport drinks, juice without pulp, clear chicken broth, bonox, barley sugar.

**NO MILK OR GREEN / RED/ PURPLE COLOURED LIQUIDS**



2 DAYS NOTIFICATION IS REQUIRED FOR CANCELLATIONS.  
CANCELLATION FEE OF \$50 APPLIES OTHERWISE