



# IVANHOE ENDOSCOPY CENTRE

A fully accredited day procedure facility

Level 1, Suite 2, 226 Upper Heidelberg Rd, Ivanhoe, VIC 3079 (Corner of Ivanhoe Parade)

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Consultation

Gastroscopy

Colonoscopy

Capsule Endoscopy

Appointment Date: ...../...../.....

Arrival Time (Not Procedure time): .....AM/PM

## IMPORTANT TO READ

Please bring your **GP referral, medication list, and Medicare card** to the clinic on the day of your procedure. Your total stay at the day surgery inclusive of waiting time is about **3 to 4 Hours**.

**Please notify the centre if you have ANY of the following conditions:**

- History of diabetes / stroke / sleep apnoea / heart, lung, or kidney conditions
- Weight over 100kg
- Please notify the staff if you're taking any weight loss medication / injection
- Please notify Ivanhoe Endoscopy centre if you are taking any blood thinning medications (examples: Aspirin, warfarin, Plavix, Pradaxa or Xarelto)

Allow all medications except for diabetic and blood thinners on the day of the procedure

Please **arrange someone to drive you home** after the procedure and **to stay with you overnight**.

**No forms of public transport are permitted.** Otherwise, procedure will be postponed.

Please note that you are **NOT ALLOWED TO DRIVE 24 hours** after the procedure.

**You may take your regular medications on the day of procedure with a sip of water (Except for Diabetic medication and Blood thinner) before you commence fasting**

**No lollies, chewing gum or smoking** on the day of your procedure.

## COMPLICATIONS

Both colonoscopy and Gastroscopy are safe procedures, however there are potential risks.

The important risks are:

- Anaesthetic risk including lung aspiration and dental injury
- Bowel injury or perforation (1:1000) that may require surgery
- Severe bleeding (1:1000) especially when polyps are removed or if you are taking blood thinning medications.

**Please discuss this with your endoscopist prior to the procedure.**

## REMINDER

Send your admission forms at least a week prior to the procedure. Send via either: POST / FAX / EMAIL

## GASTROSCOPY instructions

**Stop** eating any **SOLIDS for 12 hours** before your procedure.

You **may continue to drink clear fluids till 3 hours before your admission time**. **Clear fluids** permissible are water clear Juices (e.g. apple) or soft drinks black tea or black coffee. No milk.

Stop antacids like Mylanta and Gaviscon for 24 hours prior to the procedure.

You may take all your normal medications including blood pressure medications and acid reducing medications like Nexium, Somac, Pariet on the day of procedure with a **sip of water up to 3 hours before** you admission time